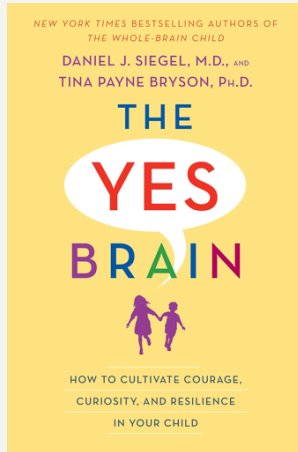




PARENTING BOOK CLUB

April 17, 2025 - June 5, 2025



Book of Reading

The Yes Brain

by Dr. Daniel Siegel & Dr. Tina Payne Bryson

Join us for 8 weeks to explore the science of how to cultivate **Courage**, **Curiosity** and **Resilience** in your child.

Learn how working from a “Yes Brain” helps us to be better at relationships and more flexible and resilient when it comes to handling adversity and big feelings.

Register to receive the Zoom link:

- Discuss with other parents simple strategies based on the latest brain and attachment research
- Have the space to ask questions

Open to Parents & Caregivers in BC!



Thursdays (Weekly)



12 PM - 1:30 PM



Online via Zoom

Register Here



www.tinyurl.com/pssbookclub
or email office@parentsupportbc.ca

***Registration ends: Apr 3, 2025**

We thank the Province of British Columbia for their financial contribution &

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Government of Canada's
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Canada

PSS RECOGNIZES and RESPECTS all the INDIGENOUS NATIONS, TRADITIONAL LANDS & TERRITORIES that we GATHER, LIVE, WORK & PLAY ON across BC.